



Since 1971, the Lancer Club has played an active role in enhancing the overall quality of programs at Mount Marty University. The Club has assisted with raising money for athletic scholarships, promoted athletic events and sponsored social events to foster interaction between club members, Yankton community, student-athletes, parents and Mount Marty University staff and coaches. Join our team today through your gifts, your game attendance and participation in Lancer Club activities. Support your home team! Call us at 668-1542 for more information.

ACADEMIC PROGRAMS

BACHELOR DEGREE PROGRAMS

- | | |
|-----------------------------------|---------------------------------|
| Accounting | Pre-Professional Studies |
| Biology | - Pre-Chiropractic |
| - General | - Pre-Dentistry |
| - Environmental Science | - Pre-Law |
| - Pre-Health Science | - Pre-Medicine |
| Business Administration | - Pre-Occupational Therapy |
| - Banking/Finance | - Pre-Optometry |
| - Health Administration | - Pre-Pharmacy |
| - Management | - Pre-Physical Therapy |
| - Small Business/Entrepreneurship | - Pre-Veterinary Medicine |
| Criminal Justice | Psychology |
| Education | Radiologic Technology |
| - Elementary (K-8) | Recreation Management & Tourism |
| - Secondary (7-12) | Technical Management* |
| - Biology | Theology |
| - English | *prerequisite courses required |
| - History | MASTER DEGREE |
| - Physical Education (K-12) | Nursing |
| - Special Education (K-12) | - Family Nurse Practitioner |
| - Mathematics Education (7-12) | - Psychiatric Mental Health |
| - Music Education (K-12) | Nurse Practitioner |
| English | Education |
| - Literature | - Coaching Leadership |
| - Creative Writing | - Curriculum and Instruction |
| Exercise Science | DOCTORAL DEGREE |
| - General | Nurse Anesthesia Practice |
| - Pre-Physical Therapy | Nursing Practice |
| History | ASSOCIATE DEGREE |
| Human Service | Accounting |
| - Disability Services | Business Administration |
| - Social Science | Criminal Justice |
| Interdisciplinary Studies | Interdisciplinary Studies |
| Medical Laboratory Science | Paraprofessionals |
| Nursing | CERTIFICATES |
| Performing Arts | Management |

MMU MISSION STATEMENT

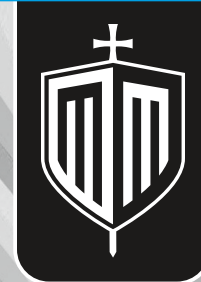
Mount Marty University, an academic community in the Catholic Benedictine liberal arts tradition, prepares students for a contemporary world of work, service to the human community and personal growth.



1105 W. 8th St. • Yankton, SD 57078



THANK YOU FOR YOUR SUPPORT OF
MOUNT MARTY UNIVERSITY LANCER ATHLETICS



AUGUST 19, 2023

Historic Downtown - Yankton, SD



MOUNT MARTY UNIVERSITY

1105 W. 8th St. • Yankton, SD 57078

1-855-MtMarty (686-2789) • www.mountmarty.edu

Proceeds benefit the student athletes of Mount Marty University.



RACE-DAY REGISTRATION:

5K Walk: 6:30 a.m. - 6:50 a.m.
5K Run: 6:30 a.m. - 7:50 a.m.
3rd & Capital, Historic Downtown Yankton

PACKET PICK UP:

Race Day - 6:30 a.m. to 7:45 a.m.
3rd & Capital, Historic Downtown Yankton

RACE TIME:

5K Walk Start Time - 7:00 a.m.
5K Run Start Time - 8:00 a.m.

COURSE LAYOUT:

Out and back, flat course starting and finishing at the intersection 3rd & Capital.

PARKING:

Due to the Riverboat Days Parade and displays in Riverside Park, parking spaces will be difficult to find near the start/finish area. Please keep that in mind when planning your arrival time before the race.

HIGH SCHOOL RUNNERS:

Check with your coach before racing. Most high school rules do NOT allow you to participate in road races if you are in cross-country.

AWARDS CEREMONY:

Awards will be given at 9:00 a.m. in the parking lot adjacent to the start/finish line.

AWARDS:

5K Walk: Non-competitive event with T-shirts given.
5K Run: Awards to top 3 finishers in each age group along with a T-shirt.

ENTRY FEE:

Pre-Registered By July 31:	\$25
After July 31:	\$30
Race Day:	\$35

*Make Checks Payable To: MMU 5K RUN/WALK

MAIL REGISTRATION TO:

Dan Fitzsimmons, 5K Run/Walk Director
1105 West 8th St. Yankton, SD 57078
(605) 660-4720 • Daniel.Fitzsimmons@mountmarty.edu



REGISTRATION FORM ALSO AVAILABLE ONLINE AT:
www.riverboatdays.com

ENTRY FORM (one entry per participant, please)

GENDER: ☐ F ☐ M

RACE: ☐ 5K RUN ☐ 5K WALK

PROJECTED TIME: _____

AGE (as of 8/19/2023): _____

AGE GROUP: (check one)

<input type="checkbox"/> 12 & Under	<input type="checkbox"/> 13-19	<input type="checkbox"/> 20-29
<input type="checkbox"/> 30-39	<input type="checkbox"/> 40-49	<input type="checkbox"/> 50-59
<input type="checkbox"/> 60-69	<input type="checkbox"/> 70-79	<input type="checkbox"/> 80+

PARTICIPATION FEE: (check one)

☐ \$25 (by 7/31) ☐ \$30 (8/1 - 8/18) ☐ \$35 (8/19 - Race Day)

T-SHIRT: (check one) ☐ S ☐ M ☐ L ☐ XL ☐ XXL

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

PHONE: _____

EMAIL: _____

Make checks payable to: MMU 5K Run/Walk

Participation Waiver MUST be read and signed:

In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims, which I may hereafter accrue to me against race organizers, all race sponsors, Mount Marty University, City of Yankton, County of Yankton, State of South Dakota, race directors or any official while traveling to and from the event and participating, or its or their respective officers, agents, representatives, successors and/or assign for any or all injuries suffered by me in the event.

SIGNATURE: _____

DATE: _____

Photo Release: I hereby authorize Mount Marty University to use, reproduce, and/or publish photographs that may pertain to me without compensation. I understand that this material may be used in various media endeavors including Mount Marty University's website. This authorization is continuous and may only be withdrawn by my specific rescission of this authorization.

SIGNATURE: _____

DATE: _____



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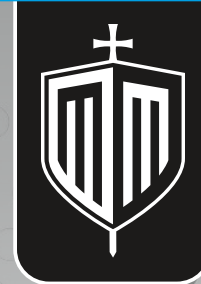
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SIGNATURE: _____

DATE: _____

Photo Release: I hereby authorize Mount Marty University to use, reproduce, and/or publish photographs that may pertain to me without compensation. I understand that this material may be used in various media endeavors including Mount Marty University's website. This authorization is continuous and may only be withdrawn by my specific rescission of this authorization.

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