



Since 1971 the Lancer Club has played an active role in enhancing the overall quality of programs at Mount Marty College. The Club has assisted with raising money for athletic scholarships, promoted athletic events and sponsored social events to foster interaction between club members, Yankton community, student-athletes, parents and Mount Marty College staff and coaches. Join our team today through your gifts, your game attendance and participation in Lancer Club activities. Support your home team! Call us at 668-1542 for more information.

**ACADEMIC PROGRAMS**

**BACHELOR DEGREE PROGRAMS**

- Accounting\*
- Biology\*
- Business Administration\*
- Banking/Finance
- Health Care Administration
- Management
- Chemistry\*
- Criminal Justice\*
- Education
- Elementary Education (K-8)
- Secondary Education (7-12)
- Biology
- Chemistry
- English
- History
- Mathematics
- Music Education (K-12)
- Physical Education (K-12)
- (K-12, in addition to another program)
- English\*
- Literature
- Writing
- Exercise Wellness
- Athletic Training
- Physical Exercise & Wellness
- Forensic Science

**ASSOCIATE DEGREE PROGRAMS**

- Accounting
- Business Administration
- Criminal Justice

**CERTIFICATE PROGRAM**

- Interdisciplinary Studies
- Paraprofessionalism

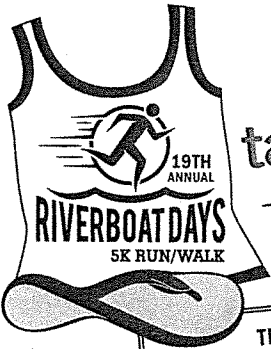
**GRADUATE DEGREE PROGRAMS**

- Education Curriculum and Instruction
- Master of Science in Nursing
- Psychiatric Mental Health
- Nurse Practitioner
- Doctor of Nurse Anesthesia
- Master of Education

**MIMC MISSION STATEMENT**

Mount Marty College, an academic community in the Catholic Benedictine liberal arts tradition, prepares students for a contemporary world of work, service to the human community and personal growth.

**M MOUNT MARTY COLLEGE**  
1105 W. 8th St. • Yankton, SD 57078



tanktops  
in  
flip-flops

THANK YOU FOR YOUR SUPPORT OF  
MOUNT MARTY COLLEGE LANCER ATHLETICS

**M MOUNT MARTY COLLEGE**

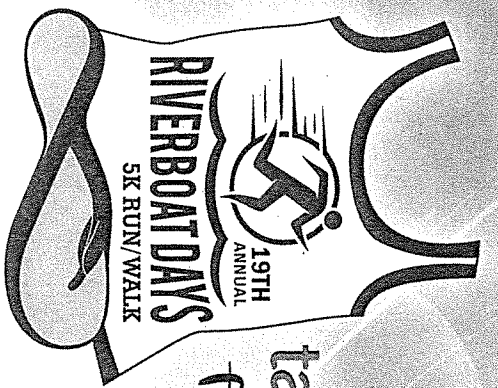


tanktops  
in  
flip-flops

**AUGUST 19, 2017**  
Historic Downtown - Yankton, SD

**M MOUNT MARTY COLLEGE**

1105 W. 8th St. • Yankton, SD 57078  
1-855-MtMarty (686-2789) • [www.mtmc.edu](http://www.mtmc.edu)  
*Proceeds benefit the student athletes of Mount Marty College.*



# tanktops flip-flops



## HIGH SCHOOL RUNNERS:

Check with your coach before racing. Most high school rules do NOT allow you to participate in road races if you are in cross-country.



## AWARDS CEREMONY:

Awards will be given at 9:15 a.m. in the parking lot adjacent to the start/finish line.



## AWARDS:

5K Walk: Non-competitive event with T-shirts given.  
5K Run: Awards to top 3 finishers in each age group along with a T-shirt.



## ENTRY FEE:

Pre-Registered By July 31: \$20  
After July 31: \$25  
Race Day: \$30

\*Make Checks Payable To: MMC 5K RUN/WALK



## RACE-DAY REGISTRATION:

5K Walk: 6:45 a.m. - 7:10 a.m.  
5K Run: 6:45 a.m. - 8:00 a.m.  
3rd Et Capital, Historic Downtown Yankton



## PACKET PICK UP:

Race Day - 6:45 a.m. to 8:00 a.m.  
3rd Et Capital, Historic Downtown Yankton



## RACE TIME:

5K Walk Start Time - 7:15 a.m.  
5K Run Start Time - 8:15 a.m.



## COURSE LAYOUT:

Out and back, flat course starting and finishing at the intersection 3rd Et Capital.



## PARKING:

Due to the Riverboat Days Parade and displays in Riverside Park, parking spaces will be difficult to find near the start/finish area. Please keep that in mind when planning your arrival time before the race.

## ENTRY FORM (one entry per participant, please)

GENDER:  F  M

RACE:  5K RUN  5K WALK

PROJECTED TIME: \_\_\_\_\_

AGE (as of 8/20/16): \_\_\_\_\_

AGE GROUP: (check one)

12 Et Under

13-19

20-29

30-39

40-49

50-59

60-69

70-79

80+

PARTICIPATION FEE: (check one)

\$20 (by 7/31)  \$25 (8/1 - 8/17)  \$30 (8/19 - Race Day)

T-SHIRT: (check one)  S  M  L  XL  XXL

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Make checks payable to: MMC 5K Run/Walk

Participation Waiver MUST be read and signed:

In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims, which I may hereafter accrue to me against race organizers, all race sponsors, Mount Marty College, City of Yankton, County of Yankton, State of South Dakota, race directors or any official while traveling to and from the event and participating, or its or their respective officers, agents, representatives, successors and/or assign for any or all injuries suffered by me in the event.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

Photo Release: I hereby authorize Mount Marty College to use, reproduce, and/or publish photographs that may pertain to me without compensation. I understand that this material may be used in various media endeavors including Mount Marty College's website. This authorization is continuous and may only be withdrawn by my specific rescission of this authorization.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

**ONLINE REGISTRATION UNTIL AUGUST 19TH AT:**  
[www.allspportrunning.com](http://www.allspportrunning.com)

**REGISTRATION FORM ALSO AVAILABLE ONLINE AT:**  
[www.riverboatdays.com](http://www.riverboatdays.com)